

**Common Course Outline for: HLTH 1106, Drug Use and Abuse**

**A. Course Description**

1. 3 Credits
2. Prerequisite: None

Catalog Description

This course will examine the impact of mood-altering substances on the individual, family and society. This includes an exploration of the interrelatedness of personal decisions regarding the use/non-use of mood-altering substances on politics, economics, and the various socio-cultural institutions.

**B. Revised** January 2016

**C. Learning Objectives**

Following completion of this course the student will be able to:

1. Define and articulate personal attitudes, beliefs and behaviors related to use/non-use of psychoactive drugs.
2. Recognize the historical implications of drug policy on individual rights and liberties.
3. Demonstrate an understanding of how politics and special interest groups have influenced drug policy in the medical, social, legal and scientific communities.
4. Delineate the ethical arguments of various special interest and political groups concerning the legalization of various psychoactive substances.
5. Analyze and reflect on how personal choice to use/not use psychoactive substances can influence present and future generations.
6. Analyze and reflect on strategies for intervening in situations precipitated by irresponsible choices regarding mood-modifying substances.
7. Elaborate on the effective use of strategies for teaching abstinence and responsible use of psychoactive substances.
8. Compare and contrast the use of psychoactive substances in the United States with the patterns found in other cultures.
9. Define terminology consistent with the use, misuse and abuse of licit and illicit psychoactive substances.

**D. Outline of Course Content**

1. Current Cultural Perspectives on Drug Use/Non-use
2. Overview of Drug Actions, Pharmacology
3. Prevention, Intervention and Treatment
4. Legal Perspectives
5. Stress Management
6. Historical Perspectives of Drug Use
7. Family Systems
8. Personal Attitudes and Self-esteem
9. Trends and Issues: Domestic and International
10. Drug Education
11. Drug Policy, Past, Present, Future

**E. Recommended Entry Skills/Knowledge**

The following placement test results are recommended for successful completion of this health course:

Reading – READ 0960 – Reading & Study Skills

Writing – COMP 0900 – Preparation of College Writing

**F. Methods for Evaluation of Student Learning**

Course evaluation may include (but is not limited to): Objective examinations; individual projects; group and individual presentations; research papers; journal/book reviews; critique/reaction papers; journal writing, personal assessments and summaries; class discussions